

Hello Relay Runners-

We're excited that you're a part of the 2<sup>nd</sup> Half Marathon Unplugged Relay. As the relay is still a very new part of this race, we wanted to provide some special instructions that we hope will facilitate your part in this race.

We think that one of the fun concepts of this relay is that it's a "make your own" leg length. We think the most logical exchange is on the bike path at 1 Main St, Burlington, but you may choose to meet your teammate anywhere on the course. We do ask that each runner run only one leg, i.e., no leap frogging to have each runner complete multiple legs. If you choose to exchange at 1 Main St, your first runner will run about 9.8 miles and your second runner will run about 3.3 miles.

One Main St is the transportation hub for the race and we will have buses that go to the start and to/from the finish. If you signed up for a shuttle bus to the start, you will pick up a bus pass when you pick up your packet. That pass will entitle one runner from your team to ride to the start. If you do not have a bus pass and need a ride to the start we will have a line for "no ticket" riders and will fill any available seats 5 minutes before the bus departure times of 7:45, 8:25, 9:45, and 10:25. If you need a ride to the start and don't have a bus pass plan on riding the 7:45 or 9:45 buses.

Anyone may ride the buses between 1 Main St and the finish line – 1st leg runners, 2nd leg runners, and spectators. Those buses will run continuously, 8:40-3:00. We strongly encourage you to use our bus system rather than driving to the finish area. There is very limited parking near the finish. If you choose to drive you may end up walking over a mile from your parking spot to the finish line.

The other services available at 1 Main St are:

- Packet pickup
- Portolets (near the bike path)
- Water fountain (inside, lower level)

As noted above, you may decide you want to exchange somewhere other than 1 Main St. If you choose to do that, you must be prepared for both team members to get to/from your exchange point. We do not provide bus service to any places other than the start and finish. If you decide to go to the start to cheer on your teammate, you should drive as there will be no bus service from the start back to 1 Main St. For teams looking to divide the course in half, the halfway point is located on the bike path, about 100 yards north of Staniford Rd. It is not marked. A good way to make a halfway point exchange work is to have the 2<sup>nd</sup> runner drive to Leddy Park. This year Leddy Park will have the mid-course water station. There is plenty of parking there, and the halfway point is less than ½ mile to the north. Last year, exchanges at Leddy park were a very popular option for relay teams.

When you finish, both team members are welcome to partake fully in the post-race party at the [Switchback Brewery](#). Each bib includes coupons for food and a Switchback beer or other beverage. Both team members will receive a finisher's medal.

Good luck on race day. After the race, any feedback regarding your experience, we'd love to hear!

Joe Connelly  
Race Director