

People's United Bank Vermont City Marathon Relay-Marathoner Scenario Info Sheet

Information for runners who want to run on more than one relay team or who want to run on a relay team (or 2) and run the marathon.

Runner wants to run in the marathon and on a 3-5 Person Team

- Runner wears 2 bibs, the marathon bib and the 3-5 Relay Team bib
- Runner wears the Ankle Timing Band
- The runner must run the first leg(s) for their team
- At the Park Street Relay Exchange Zone at mile 3.3, the runner will move right into the Exchange Zone, find their teammate, and exchange the Ankle Timing Band
 - If there are fewer than 5 on the team, the runner will run the first "x" legs until reaching an Exchange Zone where a teammate waits to be tagged in
- After the exchange is made, the runner will merge back onto the race course to continue on in the marathon

Runner wants to run in the marathon and on a Half & Half Relay Team

- Runner wears 2 bibs, the marathon bib and the Half & Half Relay Team bib
- The runner must run the first half of the race for their team
- At the Half & Half Relay Exchange Zone at mile 13.1 in Oakledge Park, the runner will move right into the exchange zone, find and tag their teammate in.
- After the exchange is made, the runner will run through the exchange chute along with other Half & Half Relay second leg runners, then merge back onto the race to continue on in the marathon
- Prior to exiting Oakledge Park the runner must remove and dispose of their Half & Half Relay Team bib. This is necessary due to chip timing.

Runner wants to run on a Half & Half Relay Team and a 3-5 Person Team

- Runner wears 2 bibs, one for each relay team
- If starting the race for either/both teams, runner wears the Half & Half Bib (with timing chip) and the Ankle Timing Band.
- Exchanges between teammates are made in the usual manner as detailed on our Relay Info sheets
- Note that teams competing in the 3-5 Person division may not use the Half & Half Relay Exchange Zone

Runner wants to run on multiple Half & Half Relay and/or 3-5 Person Teams

- Runner wears a bib for each relay team
- If starting the race for any team(s), runner wears the Half & Half Bib (with timing chip) and the Ankle Timing Band (3-5 Relay).
- Exchanges between teammates are made in the usual manner as detailed on our Relay Info sheets
- Note that teams competing in the 3-5 Person division may not use the Half & Half Relay Exchange Zone
- Note that a runner may not run the same leg for multiple teams. For example, a runner may run the 1st leg for "Relay Team A" and the 3rd leg for "Relay Team B", but that runner may not run the first leg for both teams and tag in 2 different teams at the Park Street Relay Exchange Zone.